



Prairie View

For Immediate Release

Prairie View, Inc. - 1901 E. First St. - Newton, KS 67114

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Prairie View Offers Life Transitions Program for Older Adults

Newton, Kan. – Older adults dealing with anxiety, grief and loss, depression or difficulties associated with adjustments to life changes may seek healing and hope through Prairie View’s Life Transitions Program.

This program is an outpatient program, designed for adults age 55 and older, to work with individuals in distress and maximize their quality of life. It is specifically dedicated to treating older adults in psychiatric distress without the requirement of hospitalization. The program, covered by Medicare and some other insurances, is offered at Prairie View’s Newton campus each Tuesday and Thursday from 9 a.m. to 12 p.m., followed by lunch in the cafeteria.

“Life Transitions is for individuals who need more intensive treatment than outpatient treatment alone,” said Amy Ibbetson, MS, LMLP, director of the program. “It’s not a social group, it’s a therapeutic group.”

Each day that Life Transitions meets, a specific therapeutic theme such as depression, anxiety, grief and loss, family issues, intimacy issues, health problems and memory changes is discussed.

“I would recommend the program to others,” said Evelyn, a current member of the program. “If a person is having troubles or issues of any kind and life just isn’t going well or you feel stuck, this is a place to go and get really good and solid help.”

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The program's staff is composed of a multidisciplinary team specifically trained to diagnose and treat older patients. This team includes psychologists, master's level psychologists and social workers.

"My experience with the staff has been excellent," said Evelyn. "They do the best they can to address situations of everyone in the group and continue to move the group along. They give good, solid leadership as far as mental health is concerned."

Family, friends, primary care physicians, mental health professionals, nursing homes, home health care providers, assisted living centers and self may refer older adults to the program.

All participants in the Life Transitions Program are assessed by a qualified mental health professional who will develop a treatment plan designed specifically for the individual.

"This program has made a big difference in my life," said Evelyn. "It has really provided a way to get out and be with others and has given me more hope in life. I really appreciate what this program has done for me."

For more information, contact Ibbetson at 316-284-6400 or 800-362-0180.

Prairie View is a faith-based, private behavioral and mental health services provider, offering a complete range of behavioral and psychiatric services for children, adolescents, adults and older adults, as well as consultation services to businesses and organizations. In addition to the main campus, including outpatient offices and a psychiatric hospital in Newton, Prairie View has outpatient locations in Hillsboro, Hutchinson, McPherson and Wichita.